

Cosmological models in the scalar-tensor theories of gravity, consistent with observational constraints

N.A. Koshelev

Ulyanovsk State Pedagogical University named after I.N. Ulyanov

koshna71@inbox.ru

22 октября 2024 г.

Introduction

The presented results are the part of the paper S.V. Chervon, I.V. Fomin, N.A. Koshelev, V.M. Zhuravlev "Scalar-tensor theories of gravity, consistent with observational constraints", which is submitted to "Space, Time and Fundamental Interactions".

Action

$$S = \frac{1}{2\kappa} \int \{F(\phi)R - \omega(\phi)g^{\mu\nu}\phi_{,\mu}\phi_{,\nu} - 2V(\phi)\} \sqrt{-g}d^4x + S_m. \quad (1)$$

The aim of this work is to study the agreement of the proposed models with constraints on special parameters of cosmological perturbations [1], [2]:

$$n_s = 0.9649 \pm 0.0042, \quad (2)$$

$$r < 0.035, \quad (3)$$

$$\mathcal{P}_s = 2.1 \times 10^{-9}, \quad (4)$$

where n_s is the spectral index of scalar perturbations, \mathcal{P}_s is the power spectrum of scalar perturbations, r is the tensor-to-scalar ratio.

Exponential power-law inflation model

In the paper [3], cosmological models based on scalar-tensor gravity with a function F of the form

$$F(t) = \left(1 + \frac{m}{\lambda t}\right)^2. \quad (5)$$

were considered. It was also assumed

$$H(t) = \lambda + mt^{-1}. \quad (6)$$

This form of Hubble parameter corresponds to the exponential power-law growth of the scale factor

$$a(t) \sim t^m e^{\lambda t}. \quad (7)$$

In [3], where this model was proposed, a special attention is paid to the case $\lambda < 0$. For $\lambda < 0$, the evolution of the model ends with compression. The Universe enters the regime of eternal compression at time

$$t_{cont} = -\frac{m}{\lambda}. \quad (8)$$

At moments

$$t_{1,2} = t_{cont} \mp \sqrt{\frac{t_{cont}}{|\lambda|}}. \quad (9)$$

acceleration is zero

$$\ddot{a}(t_{1,2}) = 0. \quad (10)$$

One can assume that the model is applicable up to time

$$t_1 = t_{cont} - \sqrt{\frac{t_{cont}}{|\lambda|}} = -\frac{m}{\lambda} + \frac{\sqrt{m}}{\lambda}. \quad (11)$$

Let's define the slow-roll parameters

$$\epsilon \equiv -\frac{\dot{H}}{H^2} = \frac{m}{(m + \lambda t)^2}, \quad \delta_F \equiv \frac{\dot{F}}{HF} = -2\epsilon, \quad \delta \equiv -\frac{\ddot{H}}{2H\dot{H}} = \frac{1}{m + \lambda t}. \quad (12)$$

The first slow-roll parameter ϵ is growing.

The slow-roll inflation ends at $\epsilon = 1$, which is equivalent to (10). For the moment of time when this occurs, we obtain

$$t_e = -\frac{m}{\lambda} + \frac{\sqrt{m}}{\lambda} = t_1. \quad (13)$$

The moment t_i , which corresponds to ΔN Hubble e-folds, is a solution of the equation

$$\Delta N = m \ln \left(\frac{t_1}{t_i} \right) + \lambda (t_1 - t_i). \quad (14)$$

This equation can be simplified by introducing the quantities

$$\tau_i = -\lambda t_i, \quad \tau_1 = -\lambda t_1 = m - \sqrt{m}. \quad (15)$$

In terms of these quantities, the equation takes the form

$$\Delta N = m \ln \left(\frac{\tau_1}{\tau_i} \right) - \tau_1 + \tau_i. \quad (16)$$

For each value $m > 1$ there is a solution. This solution can be expressed in terms of the Lambert W -function:

$$\tau_i = -m \cdot W_0 \left(- \left(1 - \frac{1}{\sqrt{m}} \right) e^{-\left(1 - \frac{1}{\sqrt{m}} \right)} e^{-\frac{\Delta N}{m}} \right), \quad (17)$$

where $W_0(x)$ is the principal branch of Lambert W -function.

The basic formulae for calculating the parameters of cosmological perturbations are given in [3] (see also [4],[5]).

The spectral index of scalar perturbations is calculated as

$$n_s - 1 = -2\epsilon - \delta_Q, \quad \delta_Q \equiv \frac{\dot{Q}}{HQ}, \quad (18)$$

where

$$Q = F \frac{2\dot{H}^2 - H\ddot{H}}{(H^2 + \dot{H})^2} \quad (19)$$

and the calculation is performed at the moment of Hubble crossing, for $\Delta N \approx 60$ Hubble e-folds before the end of inflation.

In terms of τ_i , one can obtain

$$n_s - 1 = -\frac{1}{m} \frac{1}{1 - \tau_i/m} - \frac{4\tau_i/m}{m(1 - \tau_i/m)^2 - 1}. \quad (20)$$

This equation allows us to find the spectral index as a function of the parameter m . At $m > 50$, the spectral index of scalar perturbations is consistent with the constraints.

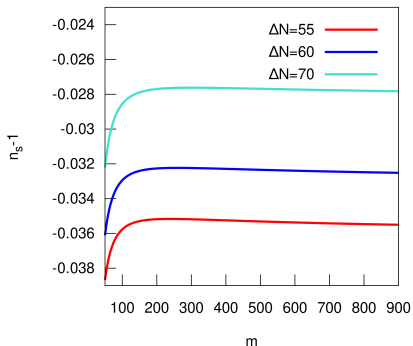
The tensor-to-scalar ratio r is given by

$$r \equiv 16\epsilon_s = 16\frac{Q}{F}. \quad (21)$$

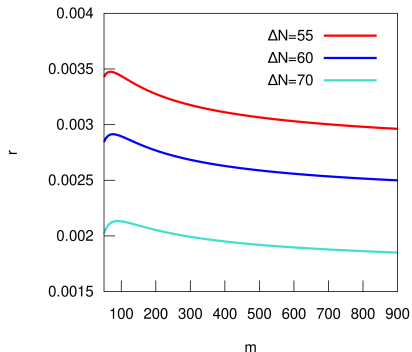
For the model under consideration, in terms of τ_i , this quantity can be written as

$$r = \frac{32\tau_i/m}{\left(m(1 - \tau_i/m)^2 - 1\right)^2}. \quad (22)$$

In particular, for $m = 100$ and $\Delta N = 60$ we obtain $r = 0.00289$. It is evident that these are models with an extremely low tensor-to-scalar ratio, and therefore satisfy the observational constraints.



a



b

Рис.: Index $n_s - 1$ (a) and tensor-to-scalar ratio r (b) as functions of the parameter m on the interval (50,900) for three values of ΔN .

A model with quasi-exponential inflation of a special type

The paper [6] introduces another class of models of the type (1), which allow vacuum cosmological expansion by the law

$$a(t) \sim e^{\lambda t} e^{-\xi t^2/2}. \quad (23)$$

Such models are obtained at

$$F(t) = \left(\frac{H(t)}{\lambda} \right)^2, \quad H(t) = \lambda - \xi t, \quad \lambda > 0. \quad (24)$$

On large times, at

$$t > t_{cont} \equiv \frac{\lambda}{\xi}, \quad (25)$$

there is a compression of the universe. At times

$$t < t_1 \equiv t_{cont} - \frac{1}{\sqrt{\xi}} \quad (26)$$

the expansion has an inflationary character ($\ddot{a} > 0$).

We take t_1 as the end of the slow-roll inflation. At that moment we have $\epsilon(t_1) = 1$.

The calculation of the parameters of cosmological perturbations is based on the previous equations (18), (19), (21).

The obtained results are conveniently written using dimensionless time.

$$\tau_i \equiv \sqrt{\xi} t_i. \quad (27)$$

In particular, we obtain

$$n_s - 1 = -\frac{4}{\left(\frac{\lambda}{\sqrt{\xi}} - \tau_i\right)^2 - 1}, \quad (28)$$

$$r = 2(n_s - 1)^2. \quad (29)$$

One can see that the tensor-to-scalar ratio turns out to be a quadratic function of $n_s - 1$. Moreover, if $n_s - 1$ satisfies the observational constraints, then r also satisfies corresponding ones.

The obtained result can be rewritten in terms of Hubble e-folds:

$$n_s - 1 = -\frac{2}{\Delta N}. \quad (30)$$







Equations (29) and (30) turn out to be quite sensitive to the number of e-folds between the horizon-crossing and the end of inflation. Assuming $\Delta N = 60$, we obtain

$$n_s - 1 \approx -0.033, \quad r \approx 0.00218, \quad (31)$$

in excellent agreement with observational data.

It remains only to check the possibility of choosing a suitable λ . This value can be chosen by condition

$$\mathcal{P}_s = \frac{H^2}{8\pi^2 Q} = \frac{\lambda^2}{4\pi^2} \Delta N^2 = 2.1 \times 10^{-9}. \quad (32)$$

-  Y. Akrami *et al.* [Planck], “Planck 2018 results. X. Constraints on inflation,” *Astron. Astrophys.* **641** (2020), A10
-  P. A. R. Ade *et al.* [BICEP and Keck], “Improved Constraints on Primordial Gravitational Waves using Planck, WMAP, and BICEP/Keck Observations through the 2018 Observing Season,” *Phys. Rev. Lett.* **127** (2021) no.15, 151301
-  I. V. Fomin, S. V. Chervon and A. V. Tsyganov, “Generalized scalar-tensor theory of gravity reconstruction from physical potentials of a scalar field,” *Eur. Phys. J. C* **80** (2020) no.4, 350
-  A. De Felice, S. Tsujikawa, J. Elliston and R. Tavakol, “Chaotic inflation in modified gravitational theories,” *JCAP* **08** (2011), 021
-  A. De Felice and S. Tsujikawa, “Primordial non-Gaussianities in general modified gravitational models of inflation,” *JCAP* **04** (2011), 029
-  I. V. Fomin and S. V. Chervon, “The exact solutions in verified cosmological models based on generalized scalar-tensor gravity,” *J. Phys. Conf. Ser.* **1557** (2020), 012020